








# May 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				<b>1</b> <b>Games</b>	<b>2</b> <b>1:1's with residents</b>	<b>3</b> <b>Exercises</b>
<b>4</b> <b>Manicures</b>	<b>5</b> AM - 1:1's PM - Biscuit Making 	<b>6</b> AM - Book Club PM - Bingo	<b>7</b> AM - Exercises PM - Arts & Crafts	<b>8</b> AM - SPA DAY PM - SPA DAY	<b>9</b> <b>Flower arranging</b>	<b>10</b> <b>Games</b>
<b>11</b> <b>1:1's with residents</b>	<b>12</b> <b>Cheese &amp; Wine</b> 	<b>13</b> <b>Colouring</b>	<b>14</b> <b>Games</b> 	<b>15</b> <b>Quiz</b>	<b>16</b> <b>Exercises</b>	<b>17</b> <b>Arts &amp; Crafts</b>
<b>18</b> <b>Flower arranging</b>	<b>19</b> <b>Hand Massages</b> 	<b>20</b> <b>Games</b>	<b>21</b> AM - Book Club PM - Bingo	<b>22</b> AM - Manicures PM - Baking	<b>23</b> <b>1:1's with residents</b>	<b>24</b> <b>Exercises</b>
<b>25</b> AM - 1:1's PM - Arts & Crafts	<b>26</b> <b>Cheese &amp; Wine</b> 	<b>27</b> AM - Book Club PM - Quiz	<b>28</b> AM - Chair Yoga PM - Colouring	<b>29</b> <b>1:1's with residents</b>	<b>30</b> <b>Games</b>	<b>31</b> <b>Exercises</b>