






January 2026



| MON | TUES | WED | THURS | FRI | SAT | SUN |
|---------------------------------------|---|---------------------------|--|--------------------------------------|-------------------------------------|---------------------------|
| | | | 1 Games | 2 Nail Painting | 3 Movie Afternoon | 4 Games |
| 5 Arts & Crafts | 6 Hand Massages  | 7 Bingo | 8 Games  | 9 Flower Arranging | 10 Foot Spa | 11 Games |
| 12 Hand Massages | 13 Games  | 14 Quiz | 15 Wine and Cheese | 16 Nail Painting | 17 Movie Afternoon | 18 Games |
| 19 Arts & Crafts | 20 Games  | 21 Bingo | 22 Party | 23 Flower Arranging | 24 Reminisce | 25 Games |
| 26 Hand Massages | 27 Wine and Cheese  | 28 Quiz | 29 Games | 30 Nail Painting | 31 Movie Afternoon | |